

EASTERN MASS. YMCA SWIM LEAGUE
DISTRICT CHAMPIONSHIPS

KENNEDY SCHOOL, SOMERVILLE, NATATORIUM

LARGE SPECTATOR SECTION

<u>SESSION SCHEDULE:</u>	#1	January 31, 2009	Class D Girls	9:00 A.M.
	#2	January 31, 2009	Class C Girls	3:00 P.M.
	#3	February 1, 2009	Class E Girls	9:00 A.M.
	#4	February 1, 2009	Class E & D Boys	1:30 P.M.
	#5	February 7, 2009	Class A Boys & Girls	9:00 A.M.
	#6	February 7, 2009	Class C Boys	3:30 P.M.
	#7	February 8, 2009	Class B Girls	9:00 A.M.
	#8	February 8, 2009	Class B Boys	2:30 P.M.

Check Warm up Schedule for specific Warm up Times.

ENTRY FEES: **\$5.00 PER SWIMMER PER INDIVIDUAL EVENT**
 \$15.00 PER RELAY

CONTESTANTS: Each swimmer may enter 5 events – 2 relays and 3 individual events.
Each team may enter any number of qualifying swimmers per individual event, only 4 of whom may score.
Each team may enter any number of relay teams per relay event. Relays shall be designated as “A”, “B”, “C”, etc. Only one relay will be allowed to score points. If the other relays place, the award for that place will be presented, but no points will be scored toward the team total. All relays must be declared before the event.

SCRATCHES: Scratches must be submitted no later than ½ hour before the beginning of each Class meet.
Any swimmer who is not formally scratched from an event or does not show up at the blocks for his/her event will be scratched from the entire meet.

SCORING: INDIVIDUAL EVENTS 16-13-12-11-10-9-7-5-4-3-2-1
RELAY EVENTS 32-26-24-22-20-18-14-10-8-6-4-2

AWARDS: MEDALS FOR 1ST SIX PLACES IN INDIVIDUAL & RELAY EVENTS.
RIBBONS TO 7TH TO 12TH PLACE WINNERS. TEAM TROPHY TO EACH CLASS.

OFFICIALS: Each team should provide two officials for each class. Make sure you fill out officials’ sign-up sheet and return with your entries. Timers should bring watches with them.

Level II officials should dress in whites.

ENTRY INSTRUCTIONS: You may enter any number of qualifying swimmers per individual event; however, only 4 may score.

Meet Entry Sheets -- Download from Lynn YMCA website. Seed times should be based on a 25 yd. pool. ALL EVENTS WILL BE PRE-SEEDED AND SEEDING WILL BE PUBLISHED IN THE PROGRAM. It is the responsibility of each competitor to be in his lane at the time his heat is called.

Relays -- Coaches may pick up relay declaration sheets at the meet office before each session. The sheets must be completely filled out and turned into the computer table before the event. Each swimmer’s name must be on the card.

Coaches -- Xerox a copy of your entry sheets and **mail the original for each class** along with other entry materials to Elaine **Entries must be received by Sunday, January 18.** (Mail by Thursday, January 15th.)

Entry deadline is for ALL SESSIONS -- BOTH BOYS' AND GIRLS' ENTRIES

DUE ON SUNDAY, JANUARY 18. *

MAIL ALL PACKETS 1ST CLASS OR HAND DELIVER TO THE LYNN YMCA.

Please do not mail cash. ONE CHECK PER YMCA ENTRY. Checks should be mailed to Elaine and should be made out to "Eastern Mass. YMCA Swim League". **NO PURCHASE ORDERS.** - Boston YMCA teams – submit a personal check and get reimbursed by your YMCA.

PLEASE BE SPECIFIC – LEGIBLE – EXACT – AND ORGANIZED ON YOUR ENTRIES. KEEP A COPY FOR YOURSELF. THIS IS ONLY THE FIRST STEP IN PREPARING FOR THE DISTRICTS. YOUR COOPERATION IS NEEDED.

QUESTIONS OR PROBLEMS: Call Elaine. 781-581-3105 ex 223 (Y) 781-244-9112 (cell)

Send to Elaine Kurkul, Lynn YMCA, 20 Neptune Blvd, Lynn, Ma 01902

the following:

- 1) Entry Sheets – Swimming
- 2) Official's Roster
- 3) Entry Fees (Check)
- 4) District Patch Order (with check)

If you have swimmers who qualify or make Districts on January 17th (Sat.), e-mail their names and times to Elaine **that night** -- elurkul@lynnymca.org

HY-TEK INSTRUCTIONS FOR DISTRICTS:

- 1) The event file for can be found on the New England Cluster of YMCA Swim Teams Web Site under calendar, or on the Eastern Mass Swim League Link on at www.lynnymca.org
- 2) Do your entries.
- 3) E-mail your entry to Whit. Be sure to include relay entries with your individual entries
Relays do not need swimmers' names.
- 4) Mail a hard copy or your entry (from HyTek) to Elaine at the Lynn YMCA with the rest of your entry information.