

Youth Center Drop-in Program

During the school year, a youth membership is all that is required to take part in supervised activities from 2:00 pm to 6:00 pm, Monday – Friday and on Saturdays from 12 noon to 3:00 pm. During School vacation weeks we are open from 10:00 am to 6:00 pm. We will post in the Youth Center any days that we are closed. Sundays are for adult members only. No exceptions!

We do not provide transportation but we do offer different pastimes in our Youth Center. Since the program is a drop-in program youth are free to sign and out on their own. Youth can take part in swim time, computer center activities, sports, crafts, lateral climbing wall, play-ground and community services. Youth may also partake in clubs such as; dance, track, and cooking. Students can contribute to our newspaper that will be developed in our computer center.

The Youth Center will be closed August 31st to September 7th. It will reopen on September 8th.

Teens

High school members have access to the facility at specific times.*

Fitness Center: 2-5 pm Monday–Friday, Saturday: 12-4 pm.
Basketball open gym: 5-7 pm Monday – Friday, Saturday: 12-4 pm**
Exercise classes: 5-7 pm Monday – Friday, Saturday: 12-4 pm
Indoor track: 2-7 pm Monday-Friday, Saturday: 12-4
Lap swim: 2-5 pm Monday-Friday
Recreational swim: 5-6 pm Monday-Friday, high school only.

*Sundays are for adult members only! No exceptions.

**Our Youth Basketball League may supersede open gym times. Proper exercise attire must be used in the fitness center, gym and pool areas. High School members must use the youth locker rooms located in the rear of the building. Access to the adult locker rooms is strictly prohibited. A cleansing rinse is required before entering the pool. Schedules are subject to change, check schedules located in the lobby or visit our website for updates.

Homework Club

Come join us for Homework Club. We offer use of our computer lab for research and projects and study tables for homework. The club is supervised by a teacher. This is a program for those that are serious about getting their homework done on time and completing papers and projects. Good behavior is mandatory and motivation to do well academically is mandatory. Light refreshments are served.

Tuesdays 6:00 pm to 8:00 pm
Free to members

Kid's Night Out!

For youth members only

Let your child stay late on a Friday night during the school year to enjoy a themed evening of fun activities from 6:00 pm to 9:00 pm. Parents get a few hours all to themselves! Kid's Night Out is supervised by our Youth Center Director and the Youth Center Staff. On select Kid's Night Out dates we may take a field trip. At other times we will entertain ourselves right here at the Lynn YMCA. Either way, your child will enjoy a memorable evening. Permission slips are available and must be returned in advance. A light dinner is included. Price is dependent on the activity and is between \$5 and \$10 per person. We offer sibling discounts. Previous Kid's Night Out have included bowling, roller skating, dances, and music nights.

Fall Kid's Night Out: November 20th

My Time

For Girls Only! Our program called "**My Time**" is designed for girls between the ages of 8-15. The meetings are once per week for an hour of group work and there is usually another activity planned during the week to go out into the community and surrounding areas and explore our world! The goal is to equip girls with knowledge and information they will need to succeed in every day life and in decision making. We strive to expose girls to different venues to inspire their creativity and to broaden their perspectives. Girls will contribute their ideas to help plan an agenda of activities and will help to develop a plan to assist others in our city. Girls will implement healthy living styles into their daily routines. This program is free to any girl in the Lynn community. See our Youth Center staff for specific dates and times for this Fall.

Youth members must use the youth locker rooms located in the rear of the building on the 1st floor. Access to the adult locker rooms is strictly prohibited. A cleansing rinse is required before entering the pool.

*"Everyday something I do
reminds me that I am part of
something wonderful."*