

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-8:00am		Adult A Adult B	Adult A Adult B	Adult A Adult B	Adult A Adult B	Adult A Adult B	Adult A Adult B
8:00-8:30am	Adult A Adult B	After School A Adult B	After School A Adult B	After School A Adult B	After School A Adult B	After School A Adult B	Adult A Adult B
8:30-9:30am	Adult A Adult B	After School A Adult B	After School A Adult B	After School A Adult B	After School A Adult B	After School A Adult B	Adult A Adult B
9:30-10:00am	Adult A Adult B	After School A Adult B	After School A Adult B	After School A Adult B	After School A Adult B	After School A Adult B	Adult A Adult B
10:00-12:00pm	Adult A Adult B	Preschool A After School A Youth Center B	Preschool A After School A Youth Center B	Preschool A After School A Youth Center B	Preschool A After School A Youth Center B	Preschool A After School A Youth Center B	Adult A Adult B
12:00-1:00pm	Adult A Adult B	After-School A High School B	After-School A High School B	After-School A High School B	After-School A High School B	After-School A High School B	Open Gym A High School B
1:00-2:00pm	Adult A Adult B	After-School A Youth Center B	After-School A Youth Center B	After-School A Youth Center B	After-School A Youth Center B	After-School A Youth Center B	Open Gym A High School B
2:00-3:00pm	Adult A Adult B	After-School A Youth Center B	After-School A Youth Center B	After-School A Youth Center B	After-School A Youth Center B	After-School A Youth Center B	Open Gym A High School B
3:00-4:00pm	Gym closed Rentals	After-School A Youth Center B	After-School A Youth Center B	After-School A Youth Center B	After-School A Youth Center B	After-School A Youth Center B	Open Gym A/B
4:00-5:00pm	Gym closed Rentals	After-School A Youth Center B	After-School A Youth Center B	After-School A Youth Center B	After-School A Youth Center B	After-School A Youth Center B	Open Gym A/B
5:00-6:00pm	Y closed	Open Gym A After School/B	Open Gym A After School/B	Open Gym A After School/B	Open Gym A After School B	Open Gym A After School/B	Open Gym A/B
6:00-7:00pm	Y closed	6:00-7:00 high school/A- B	6:00-7:00 high school/A- B	6:00-7:00 high school/A- B	6:00-7:00 high school/A- B	6:00-7:00 high school/A- B	Adult A Family B
7:00-8:00pm	Y closed	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Y closed
8:00-9:00pm	Y closed	Adult A Adult B	Adult A Adult B	Adult A Adult B	Adult A Adult B	Adult A Adult B	Y closed
9:00-10:00pm	Y closed	Gym closed	Gym closed	Gym closed	Gym closed	Y closed	Y closed

GYM SCHEDULE

The YMCA reserves the right to modify this schedule at any time.
For information on Gym Rentals; Please call.

781.581.3105 / **GREATER LYNN YMCA** / 20_Neptune Blvd / Lynn, MA 01902