

Lynn YMCA

Branch Information

Facilities

The Lynn YMCA offers state of the art facilities for your work outs. Several different work out areas allow members to vary their work out and thus prevent burn out.

Coed Nautilus Center with Cardio and Free Weights.

Men's only work out area.

Women's only work out area

Air Conditioned Aerobic Studio with over 30 classes per Week.

Spin Bikes

Water Aerobic Classes Daily

6 lane 25 yd. Swimming Pool

Indoor Track

Basketball Gym

2 Racquetball Courts

Adult locker rooms with Sauna and Steam

Building Hours

Labor Day—July 4

Sunday 8:00 a.m. - 5:00 p.m.

Mon. - Thurs. 5:30 a.m. - 10:00 p.m.

Friday 5:30 a.m. - 9:00 p.m.

Saturday 7:00 a.m. - 7:00 p.m.

Holiday Schedules

The Y will be open from 8:00 a.m. - 12:30 p.m. on the following holidays:

New Year's Day

Memorial Day

July 4

The Y will be closed on the following Holidays

Easter Sunday

Labor Day

Thanksgiving Day

Christmas Day

The building will remain open 30 minutes after the workout areas close to allow members ample time to shower and change.



Staff Directory

Audrey Jimenez

Branch Director
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Tonia Buck

Child Care Director
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Nicole Messina

Aquatic Director
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Radica Persaud

Residence Director
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Brenda Rogato

Membership Information
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Robert Smith-Sneed

Preschool Director
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Sheena White

School Age Child Care Director
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Peter Gerakaris

Fitness Director
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Ebony White

Youth Center Director
ewhite@lynnymca.org

2007 Membership Rates

effective February 1, 2007

Membership Type	Metro* Annual Fee	Metro Bank Draft
2 Adult Family	\$695.00	\$57.92
1 Adult Family	\$580.00	\$48.33
Adult	\$465.00	\$38.75
Senior/Young Adult	\$350.00	\$29.17
High School/ Metro	\$235.00	\$19.58
High School/Lynn & Saugus	\$195.00	\$16.25
High School/Lynn only	\$ 65.00	Can be paid in 4 consecutive monthly payments of \$15
Youth/Metro	\$103.00	Annual Payment only
Youth/ Lynn & Saugus	\$ 97.00	Annual Payment only
Youth/Lynn only	\$ 45.00	Annual Payment only

*Your Metro membership allows you to use the YMCA's in Lynn, Saugus and the NEW facility in Peabody/Lynnfield. **The cost for an adult locker rental in Lynn is \$5.41 per month.