

# MY Y IS EVERY Y

## in Massachusetts and Rhode Island

Starting September 1st, your current YMCA membership may be used at any other Massachusetts or Rhode Island YMCA facility. Have a conference in Worcester? Bring your running shoes. Visiting your mom in Barrington? Take along your yoga mat.

We are committed to helping you stay active and healthy by making sure there is a Y wherever you are.

It's true. Starting September 1st, 2009, full YMCA members from Massachusetts and Rhode Island will be welcome, free, at YMCAs in either state by presenting their current YMCA ID card.

Some restrictions may apply, so go to your YMCA's website and click on My Y Is Every Y to learn more, or [click here](#) to view a spreadsheet of all MA and RI YMCAs with contact and restrictions information.