



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Spinning Schedule

Winter 2012

Monday

12:15pm-1:00pm with Tania

5:30pm-6:15pm with Sharon

Tuesday

6:15am-7:00am with Steve

5:30pm-6:15pm with Tania

Wednesday

12:15pm-12:45pm with Sharon

5:30pm-6:15pm with Linda B.

Thursday

6:00pm-6:45pm with Steve

Friday

6:15am-7:00am with Lisa

12:15pm-1:00pm with Linda B.

Saturday

8:45am-9:45am with Patti

Sunday

9:45am-10:25am with Lynda C.

You must sign up 24 hours in advance

Please arrive 10 minutes before class and be sure to bring a towel and water!

12/27/11